

Zachary Henderson

Freshman- Head Coach

Zach Henderson begins his first year with the Football program. A 2010 graduate of Aliso Niguel, his primary sport in high school was Lacrosse. He has been coaching in the Lacrosse program for 11 years now, 4 as the Varsity Head Coach. Zach attended California State University, Fullerton, where he obtained his degree in Kinesiology and a credential to teach Physical Education. Zach is in his 3rd year teaching Physical Education at Aliso Niguel High School. He hopes to bring added discipline and structure to a football program on the rise. Zach is a coach who takes pride in establishing relationships with his players, while focusing on the little details that transform young boys into young men. No matter the sport, he wants his players to leave their respective programs as better players, better students, and better people!

Scott Newell

Freshmen- Linebackers/Receivers/Specialists

Coach Newell is in his second year coaching at ANHS. He has been involved with youth sports in the South Orange County area most of his life. He grew up in Mission Viejo and graduated from Capistrano Valley High School in 1991. There he was blessed to have won 2 CIF Championships – Football ('90), Baseball ('91). Coach Newell graduated from the University of Arizona with a degree in psychology. He currently resides in Aliso Viejo with his two sons.

Andrew Mashburn

Freshmen- Defensive Coach

Coach Mashburn begins his 22nd season coaching football in the district. He has served numerous roles as part of coaching staffs at ANHS, CVHS and THS. He is happy to be serving as a freshman coach this year at his alma mater. He hopes that these student athletes will embrace the game and love of it as he did when he was a freshman here. When not coaching football, he serves as the Athletic Director for ANHS and is also the Girls Track and Field Head Coach. He is married to his beautiful, loving, and patient wife Mandy. They have 3 daughters, Leilind, Lexie and Lacey, who keep them both very busy with their dance, singing and theater obligations throughout the days.

Donnie Ellis

Freshmen- Defensive Line / Running Backs

Donny Ellis is coaching his 4th year at Aliso Niguel HS, after coaching the 2011 and 2013 seasons as the running back and defensive line coach. Ellis has successfully coached at all levels from youth football, through high school, college, all the way up to professional athletes. His nephew BenJarvus Green-ells aka "The Law Firm" of the New England Patriots and Cincinnati Bengals has trained under Coach Ellis at Soka University for 11 years. Ellis draws his coaching experience from his own days playing on the Oakland Raiders, after attending USL and LSU, and earning 1st Team All-District, 1st Team All-Parish, and Honorable Mention All-American honors at Istrouma Senior High School in Baton Rouge, La. He has also coached at Santa Margarita Catholic HS with Coach Jim Hartigan, El Modena HS, Fullerton JC, and Woodridge HS. Coach Ellis specializes in

personalized training regimens including advanced strength and conditioning training, nutrition counseling, and body composition testing. Coach Ellis is supported by his wife Pam, sons Sky (current ANHS player) & Derick, daughters Megan & Nalannie, mother Betty and Grandparents Helene & Don Reiner.

Adam Roman

Freshmen- Defensive Backs, Wide Receivers, Special Teams

This is Coach Roman's fifth year coaching football at Aliso Niguel. Prior to joining the Wolverine staff, he coached at 2 of his alma maters. Roman graduated from Laguna Hills High School in '95 and coached there for 10 years. He earned a BA from the University of New Haven (CT) in 2000 and coached there for 7 years. At Laguna Hills Roman was a 4-year starter with 52 game starts from 1991-1994. While attending Saddleback College ('95-'96) he played for the Gauchos football team and was part of their '96 National Championship. At the University of New Haven, where he played from 1997-1998, they were Division II finalists in 1998. Coach Roman enjoys coaching at the high school level because it allows him to coach with friends, watch the players grow, and be part of life lessons learned. Adam Roman and his beautiful wife, Sabrina, have a 4-year old son Luke and 3-year old son Noah.

Greg Colwell

Freshmen- Linebackers/Defensive Line

Coach Colwell will be returning for his 13th season as an assistant coach on the freshmen football team. Coach Colwell has served as both D-line coach, linebackers coach, and Defensive Coordinator in previous seasons with the freshmen teams. In addition to coaching freshmen football, Coach Colwell is the head coach of the Aliso wrestling team, a position held for 10 years now. Coach Colwell has been teaching in the district for over 24 years and has taught social studies at Aliso for the past 14 years. He enjoys the support of his wonderful wife and their 2 daughters. Coach Colwell loves working with both the football players and wrestlers and believes the sports complement each other well! <https://www.alisoniguelwrestling.com/>